By young Buddhist monks, who live in separate quarters and wear yellow robes. They perform rituals, chant, and meditate inside the monasteries. Their training and discipline are strict.

Buddhist monks and laypeople live together in monasteries. They learn the teachings of the Buddha through retellings of his life and parables. The monks' main role is to maintain the teachings of the Buddha and spread them.

**Buddhism**

Buddhism reached Myanmar 2,000 years ago. Most people in Myanmar follow the Buddhist religion, which is based on the teachings of the Buddha. The Buddha was a wise man who discovered the truth about suffering and how to end it. He taught that suffering is caused by attachment and desire. By living a simple and quiet life, one can avoid suffering and attain enlightenment.

**Religion and Culture**

There are several major religions in Myanmar. Buddhism is the most common, followed by Hinduism and Islam. The majority of the population practices Buddhism.

**Religious Believers**

- Other: 2%
- Hindu: 1%
- Muslim: 4%
- Christian: 6%
- Buddhist: 87%
A family of pincushions at work.

Create the beautiful detail in temples.

Many craftsmen are needed to

Silver-smithing
Brass-smithing
Gold-smithing
Black-smithing
Carving
Woodcarving
Shamanistary
Archiecutre

Woodcarving – wood is often used in Myanamar buildings and is carved with complex patterns.

Architectures – many of Myanamar's buildings feature shamanistary and architecture.

Paintings – made of stone, pictures carved into the walls. Many statues of Buddha are carved.

Dance and music: myanmar music is very rhythmic and repetitive. Drammers use a set of drums that are arranged in a circle. Each drum is set to a different note. The drums together are called harmon yang.